

Ogasawara-ryū

IMPERIUM GESTÓW

20 CZERWCA KRAKÓW · 21-22 CZERWCA WROCŁAW
23-24 CZERWCA WARSZAWA · 25 CZERWCA LESZNOWOLA



The Empire of the Gestures – the Art of the Japanese Etiquette

We would like to extend an invitation for a series of the special meetings with the tradition that enabled the development of the unique culture.

Invited by the Umemi Foundation and the cooperating organizations dr. Kiyomoto Ogasawara – the XXXII Head of the Ogasawara family will visit Poland in June 2016. The Ogasawara family since 1187 maintains the tradition and manages the development of the etiquette rules at the courts of Shoguns and Emperors of Japan. One family protects and develops main written rules concerning the key elements that create a unique culture for the past 850 years.

The rules of *Reiho (the Etiquette)* had been created in order to codify examples of the appropriate behaviour and gestures to provide a clear and effective way to communicate important messages. These rules serve an important role in creating and maintaining relationships between people. These rules serve a role of a guidepost in the art of the conscious living. Conscious movement, precise gesture and appropriate composure of the body always express the harmony of the body, the mind and the spirit.

Our Guests will present the rules of *Reiho* that influenced various fields of the traditional culture: there will be an opportunity to experience the elements of the traditional Japanese archery (*Kyudo*), rules of the etiquette in budo and the art of the traditional behaviour at the table or preparing and handing gifts.

Each of the meetings will be an occasion for the personal development and growth, will serve as a source of information and inspiration both for the expert of the Japanese culture and the beginning passionate wishing to learn more. The series of events is designed for everybody who wants to experience more beauty, efficiency, precision and the unmet harmony of the movement.

Participants of the meetings will:

- Learn more on the historical background of the rules of the etiquette.
- Get a glimpse of the impact of the rules of the past on modern life in order to understand the Japanese better.
- Experience the influence of the etiquette rules on creating efficient communication between people.
- Find methods for the harmonious development of the personal skills.
- Deepen personal knowledge by the means of personal experience.
- Discover ways to express the respect towards other people.
- Receive the answers for the questions concerning the subject of the meeting.
- And, simply – experience something beautiful.

For more detailed information and registration please visit:

<http://umemi.pl/>

<https://www.facebook.com/Fundacja-UMEMI>

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Guests profiles



Kiyomoto Ogasawara

Born in 1980 as the first son of Ogasawara Kiyotada in Tokyo, Mr. Kiyomoto Ogasawara is the 32nd Generation Heir to the *Ogasawara-ryū* School of Etiquette, Archery, and Mounted Archery. At the age of three, Kiyomoto began training for mounted archery (*Yabusame*). While in 5th grade at elementary school, he performed his first archer role in the *Yabusame* ritual dedicated to Tsurugaoka Hachimangū Shrine in Kamakura. After graduating from the Osaka University School of Engineering Science, he obtained his Ph.D. in neuroscience from Tsukuba University. In keeping with the Ogasawara family discipline, "One should not make a living out of teaching *Kyū-hō* (Etiquette, Archery and Mounted Archery)," he currently works at a pharmaceutical company studying medicines for the treatment of cancer while using weekends to pass on the inherited teachings of *Ogasawara-ryū* to the next generation.

Annually, Mr. Ogasawara performs rituals dedicated to more than 45 shrines throughout Japan. He also performs his services as manager for the traditional Japanese archery team at the Japan Women's College of Physical Education. In order to promote the outreach activities of *Ogasawara-ryū*, in 2008 he established the Non-Profit Organization, *Ogasawara-ryū Ogasawara-school*, and became the organization's first chairman. He is in charge of planning and presenting etiquette classes and active learning opportunities catered for children to experience the *Ogasawara-ryū*. He is also active in providing seminars for schools and municipalities. In his endeavor to disseminate Japanese culture to the world, he has worked outside the *Ogasawara-ryū* collaborating with 11 other families who have also inherited the role of teaching the Japanese traditional arts. Together, they held an exhibition of Japanese traditional cultures at the main store of Mitsukoshi in Nihonbashi. He is also responsible for publishing the following books and DVD in English: *About the Ogasawara-ryū*, *Ogasawara-ryū Etiquette for Washoku*, *the Cuisine of Japan -The Etiquette of the Samurai*, *Ogasawara-ryū Arts*, *DVD Ogasawara-ryū Reihō*, *Conduct of the Samurai*

In addition to these volumes, he has authored several works in Japanese including, *How to Build a Tireless Body: Practical, Efficient and Beautiful Japanese Physical Etiquette* (Aspect, Inc.) and *Graceful Manners for Sophisticated Adults - The Ogasawara Way* (Nippon Jitsugyo Publishing).



Junko Ogasawara

As the wife of Kiyotada Ogasawara, the 31st Generation Grand Master to the *Ogasawara-ryū* School of Etiquette, Archery, and Mounted Archery, Mrs. Junko Ogasawara instructs *Ogasawara-ryū* etiquette nationwide.

Mrs. Ogasawara graduated from Keio University and, together with the Grand Master, she has written books such as *Ogasawara-ryū Etiquette for Children* and *Ogasawara-ryū Etiquette for Washoku*, *the Cuisine of Japan -The Etiquette of the Samurai*.



Kimiko Fukada

In the *Ogasawara-ryū* school, Ms. Kimiko Fukada holds a *Sōikyū* license (the third highest rank) in *hosha*, non-mounted archery. She actively participates in archery rituals and *reihō* (the rules and practices of *rei*, Japanese etiquette) seminars, and has been a member of the *Ōmatoshiki* held in Finland in 2014. The *Ōmatoshiki* is the most solemn of Japanese archery rites first performed over 1,500 years ago.

Ms. Fukada is also an assistant instructor for *reihō* classes and supports the children's *Yabusame* classes.

Ms. Fukada is a holder of the *Kyōshi Roku-dan* title granted by the All Nippon Kyūdō Federation. *Kyūdō*, "the way of the bow," is the modern martial art of traditional Japanese archery. She is the deputy chair of the Nara Prefecture Kyūdō Federation and instructs students of the Nara University Kyūdō Club. She is also the deputy chair of the Nara City Kyūdō Association, and is the instructor for *kyūdō* classes held by Nara City, both for the general public and for junior high and high school students.



Akiyoshi Kawamura

In the *Ogasawara-ryū* school, Mr. Kawamura holds a *Shigetōkyūkaku* license (second highest rank) in *hosha*, non-mounted archery. Mr. Kawamura actively participates in various *hosha* rituals nationwide, including the *Momotesniki*, *Ōmatoshiki*, *Kusajishiki*, *Sansankutebasamishiki*, and *reihō* (the rules and practices of *rei*, Japanese etiquette) seminars. He has also been a member of the *Ōmatoshiki* held in Finland in 2014. The *Ōmatoshiki* is the most solemn of Japanese archery rites first performed over 1,500 years ago.

Mr. Kawamura is a holder of the *Kyōshi Nana-dan* title granted by the All Nippon Kyūdō Federation, and is a member of the committee that organizes the Federation's competition held in May each year. *Kyūdō*, "the way of the bow," is the modern martial art of traditional Japanese archery. Mr. Kawamura is also the Executive Director of the Kyoto Prefecture Kyūdō Federation, and instructs the members at workshops. He also instructs students at the Kyoto Institute of Technology where he acts as both the Instructor and Manager of the Kyūdō Club.

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Kraków

Muzeum Sztuki i Techniki Japońskiej „Manggha”, ul. Marii Konopnickiej 26

20 June, 5:00 p.m. – 8:00 p.m.

Introduction to Reiho, Japanese culture, interactive with audience, Ogasawara-ryu kyudo enbu, wrapping and tying gifts, introduction to yukata/kimono wearing

Impart (Sala kameralna w Teatrze Piosenki), ul. Mazowiecka 17

21 June, 6:30p.m. – 7:45 p.m.

Presentation of Reiho, the Ogasawara-ryu history, practical applications, in co-operation with jiyutamai dance performance

Uniwersytet Wrocławski, ul. Więzienna 8-12, building C, Amfiteatr A

22 June, 12:00 a.m. – 3:00 p.m.

Reiho in business application (lecture and workshop)

Wrocław

Ogród Japoński, ul. Adama Mickiewicza 1

22 June, 5:00 p.m. – 6:30 p.m.

Open-air Ogasawara-ryu Reiho presentation, Kyudo performance, wrapping and tying gifts.

Uniwersytet Warszawski, Aula BUW, ul. Krakowskie Przedmieście 26/28

23 June, 4:45 p.m. – 7:00 p.m.

Official presentation and lecture on Reiho preceded by the performance of Polish Nō Theatre Training Group.

Służewski Dom Kultury, ul. Bacha 15

24 June, 5:00 p.m. – 7:00 p.m.

Ogasawara-ryu Kyudo Enbu, lecture and performance of the Ogasawara-ryu and modern Reiho.

This event is accompanied with the presentation and offering of the Tea by Urasenke Society, wrapping and tying gifts and introduction to yukata/kimono wearing.

Warszawa

Centrum Edukacji i Sportu w Mysiadle, ul. Kwiatowa 28

25 June, 10:00 a.m. – 1:00 p.m.

Kyudo workshop for the Polish Kyudo practitioners

25 June, 3:00 p.m. – 6:00 p.m.

Reiho in budo - lecture and workshop for budo practitioners (Kendo, laido, Karate – do, Aikido, Kyudo)

There is no fee for all events participation. For additional information please contact us directly.

Due to the limited number of seats, in order to make a reservation please send us an email on the following address: umemi@umemi.pl